PDP Reflection Worksheet (from Step 1)

This form is designed to help you record the insights you gain from each of the areas listed below. This information will be useful in Step 2 as you begin to make your goals. **Don’t forget to save** **this file** somewhere that you will remember so that you can refer back to it or print it later.

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|  | **Insights** | **Task** | **Strengths/ Gifts/ Passions** | **Weaknesses/ Areas in Need of Growth** |
| 1. | **Insights from Self-Assessment Tools** | Complete as many of the self-assessment tools as you find useful and enter the results in the appropriate columns. |  |  |
| 2. | **Insights from Friends/ Family** | Record the input gained from interviews with several key people who know you well. |  |  |
| 3. | **Insights from Personal Revelation** | Through prayer and study of the Word, what has God shown you about yourself and who He has uniquely made you to be? |  |  |
| 4. | **Insights from Defining Experiences** | Reflect on a couple of experiences from your life that you have found most fulfilling. Look for and record common themes (especially strengths & passions) |  |  |