

Resources on Adoption and Attachment

Books:

Wounded Children, Healing Homes: How Traumatized Children Impact Adoptive and Foster Families by Jayne Schooler, Betsy Smalley and Timothy Callahan (2009). A clear and comprehensive overview of attachment and parenting challenges and strategies, including a section on school issues.

The Connected Child: Bring Hope and Healing to Your Adoptive Family by Karyn B. Purvis, David R. Cross and Wendy Lyons Sunshine (2007)

Attaching in Adoption: Practical Tools for Today's Parents by Deborah D. Gray (2012)

Inside Transracial Adoption by Beth Hall and Gail Steinberg (2013)

Attachment-Focused Parenting: Effective Strategies to Care for Children by Daniel A. Hughes (2009). Dr. Hughes explains attachment and how it is built in a parent-child relationship. He introduces a parenting approach (PACE), which is applicable to raising any child.

Parenting From the Inside Out by Daniel Siegel and Mary Hartzell (2004). Written by a psychiatrist and an early childhood expert, this book explores how a parent's attachment history affects their subsequent parenting.

The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind by Daniel Siegel and Tina Payne Bryson (2012)

No-drama Discipline: The Whole-Brain Way to Calm the Chaos and Nurture Your Child's Developing Mind by Daniel Siegel and Tina Payne Bryson (2014)

Other Resources:

<http://empoweredtoconnect.org/> Dr. Karyn Purvis directs the Institute of Child Development at Texas Christian University (TCU) in Fort Worth, Texas. She has excellent resources for parents and caregivers of insecurely attached children, including videos of her talks on practical parenting tools.

<http://www.attach.org/> ATTACH is an international group of professionals and parents dedicated to helping children who have attachment difficulties.

<http://gobbelcounseling.wordpress.com/> Robin Gobbel, LCSW addresses practically and compassionately the questions of parents of insecurely attached children. She offers an online counseling newsletter entitled "Trauma Mommas Together".

<http://www.creatingafamily.org/> contains a wealth of adoption education courses in the form of audio interviews with experts in the adoption field.

<https://vimeo.com/132487548> "Spiritual Preparedness for Foster Care and Adoption: Cultivating a Culture of Commitment" A webinar by Pam Parish, author of "Ready or Not" focusing on preparing for the cost of caring for adopted and fostered kids.