

Tumaini Counselling Centre Kampala

A counselling ministry of AIM International

Who We Are

Since 1991, Africa Inland Mission (AIM) and Wycliffe Bible Translators International (WBTI) have worked cooperatively to provide counselling and support services for missionaries at Tumaini Counselling Centre in Nairobi, Kenya. "Tumaini," from the Swahili word for hope, is the name of the facility that houses the support teams of AIM, WBTI, and associate counsellors. Tumaini Kampala is a branch of Tumaini Nairobi.

Who We Serve

We provide counselling services to missionaries from different mission organisations serving in primarily east and central Africa.

Services We Provide

- Crisis Debriefings and Post-Trauma Support
- Web site with resource articles and links for child sexual abuse prevention, managing stress, trauma recovery, and other topics for missionaries, clients, administrators, and teachers www.tumainicounselling.net
- Counselling: individual, couples, teens, and children older than 10 years,
- Intensive and short- term counselling models
- Psychological evaluation
- Consultation with mission administrators
- Mid and End-of-term debriefings
- Seminars and conferences
- Conflict resolution
- Mentoring, coaching
- Limited distance services
- Loaning library

How to Find Us

Tumaini Counselling Centre is located in Lubowa, a residential community on the south side of Kampala. From Kampala **turn left** off Entebbe Road just before "Roofings". From Entebbe / Kajjansi **turn right** off Entebbe Road just after "Roofings".

Follow this road up until you pass the Joint Clinical Research Centre (JCRC) on your right; **turn on your right** immediately after the JCRC gate. Drive up this road, passing Quality Supermarket, a large field and the International School of Uganda (all on your left). Continue on this road, passing by the road on your left (dirt/marram, downhill) and on your right (paved/tarmac, uphill). We are located in the 3rd compound on your right after passing these 2 roads. The gate is green and see-through and there are many palm trees. **Tumaini Kampala is the first apartment on your left as you enter the lower building.**

Opening hours:

Monday through Thursday from 8:30am until 4:30pm

How to Book an Appointment

To request an appointment, please call

+256 787 522 868 (MTN)

+256 702 780 276 (Airtel)

or e-mail our Office Administrator at

tumaini.kampala.ac@aimint.org. She will take down basic information and then pass your request to one of our counsellors, who will then get back to you, usually within 48 hours or sooner, if requested.

Confidentiality Policy

All of the counselling services at Tumaini Counselling Centre are confidential. Information regarding the counselling is released only with the client's written permission. There are a few standard exceptions. The client should let the counsellor know if he/she has any questions or concerns in regard to confidentiality.

Tumaini Counselling Centre Kampala ♦ P.O. Box 4008; Kampala, Uganda

♦ **Mobile:** +256 787 522 868 or +256 702 780 276

Email: tumaini.kampala.ac@aimint.org ♦ **Website:** www.tumainicounselling.net